



Non-performing Jazz Technique Classes

A “technique” class is a class where a dancer works on the various skills required as a dancer. (Such as strength, flexibility, chasses, pot de bourees, various turns ~ chinee turns/pique turns/pirouette turns/tours/fouettes, etc. plus leaps ~ regular split leaps/switch leaps/ back leaps/side leaps, etc. , leg lifts front/side/back, dance walks/tipping, and a myriad of other dance skills.)

Dancers do not learn choreography to perform, but will learn various combinations of choreography to practice in strengthening their overall dance technique.

All dancers can greatly benefit from this class, because time is spent on learning “how to dance” rather than learning “a dance.”

Dancers who don’t wish to perform, might look into taking this class.

Schedule Options:

Mon. 3:30-5:00 pm Centennial High School’s Sweet Liberty Dance Team’s class, only.

Thurs. 6:30-8:00 pm Non-performing Advanced Jazz technique. For the advanced level dancer.

Thurs. 7:00-8:00 pm Non-performing Intermediate jazz technique class, ages 10+. If you are ages 10+ and are a beginning-level dancer, we suggest you take a beginning level *performing* jazz class, rather than this technique class.